# PGCCDBS Minimum Sampling Protocol for Age Calibration

Version 1

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# Minimum Sampling Protocol for Age Calibration

A minimum sampling protocol for age calibration has been developed based on the EFAN/TACADAR outcome (see PGCCDBS 2006 report).

# 1. Written Protocol

1.1.Develop a written protocol for each type of Calcified Structure (CS) preparation and species.

#### 2. Fish Sampling

- 2.1. Define measurements, e.g. total length to 0.5 cm below, whole weight +/- 5g.
- 2.2.Specify all the required additional information, e.g. species, area, date, fishing gear, sex, maturity, etc. (minimum = species, area and date of capture).

#### 3. Selection of CS

- 3.1. Determine which calcified structures are to be used e.g., otoliths, illicia.
- 3.2. Identify the preferred method of otolith removal for the fish species.

#### 4. Collecting CS Samples

- 4.1. Specify cleaning method, e.g. removing blood/tissue before drying.
- 4.2. Transport and storage must prevent damage and deterioration.
- 4.3. Moisture content should be controlled, e.g. store in a cool dry place.

# 5. CS Preparation

5.1. Identify the most appropriate preparation, e.g. sectioning, burning/staining.

# 6. Equipment Maintenance and Set Up

- 6.1. Ensure equipment is serviced regularly and correctly maintained.
- 6.2. Set up microscope for each individual reader before age reading.
- 6.3. Ensure work position is comfortable and there is sufficient time read the CS.

#### 7. Calibrated Image of CS

- 7.1. Use a computer connected to a digital camera fitted on a binocular microscope.
- 7.2. Define a standard set-up for each species. Make sure light settings, magnification and equipment are standardised to the highest degree possible.
- 7.3.Prepare images for each otolith and for each viewing method used (using reflected light and/or transmitted light).
- 7.4. Calibrate each image by adding a scale bar (e.g. 2mm for *Pollachius virens* otoliths) and save the image using the unique CS sample ID number in the file name.

#### 8. Age Reading

- 8.1.Log on to the database if using electronic data storage.
- 8.2. Follow the protocol. Check sample ID and otolith ID.
- 8.3. Define growth rings (translucent or opaque) and reading axes.
- 8.4. Apply criteria for rejection of CS, e.g. badly damaged or crystalline otoliths.
- 8.5. Apply criteria for the identification of false rings, e.g., juvenile growth.
- 8.6. Apply criteria for counting the valid annual rings (growth zones).
- 8.7. Apply birthday criteria for estimating age, usually 1 January.
- 8.8. Apply criteria to for the interpretation of *annuli* in relation to the 'birthday' of a fish (e.g. quarter 3 'pre-birthday' *annuli* in young fish, missing *annulus* in first quarter if protocol requires counting of opaque bands).
- 8.9. Apply criteria to recognise incomplete growth rings in older fish.
- 8.10. Consider an initial 'blind' reading before looking at the biological data, (e.g. length, sex, maturity, etc.). This may help to increase age reader precision.
- 8.11. Record the age, otolith edge growth and confidence in the age reading.
- 8.12. The integrity of the links between the data and original CS material must be maintained. Data edits must be backed-up and traceable. Keep original records.
- 8.13. Annotate the calibrated images with the positions of the annuli.

# **Quality Assurance**

- Develop a written protocol.
- Ensure age readers follow the written protocol.
- Allow adequate time for readings and re-readings.
- Provide advice on other potential age reading problems.
- Provide advice on using length, weight & maturity when reading CS.
- Use a glossary (e.g. EFAN/TACADAR).
- Develop and implement a training programme.
- Back up all electronic data and edits. Keep all paper records.



Figure 1. Methods used to prepare and observe the otoliths of flatfish species (Pleuronectiformes) for age reading (Reference: fig. WG2-7 from the final TACADAR Report)

# **Quality Control**

- Good conservation of CS is essential: Some CS will be re-read at intervals to monitor age reader precision. If the condition of the CS has deteriorated significantly compared with a previous reading, the two readings cannot be compared to measure change in age reader precision.
- Monitor age reading precision. If there is only one reader for the species, he should as a minimum, monitor changes in their own precision by regularly re-reading a sample of the CS. Return statistics on precision to age readers.
- Material of known age (usually from mark/recapture experiments) is rare. Ensure that age readers have the opportunity to take part in CS exchanges and Age Calibration Workshops (ACWK).
- Revise the written protocol as new information becomes available, e.g. mark and recapture information from new research, or experience gained at an ACWK.

Review methodology: A wide variety of techniques are used across European institutes for the preparation and age reading of otoliths of the same fish species. Fig. WG2-7 from the final TACADAR Report (Anon. 2006) shows some of the methods used to prepare and observe the otoliths of flatfish species (Pleuronectiformes), for age reading (Figure 1).